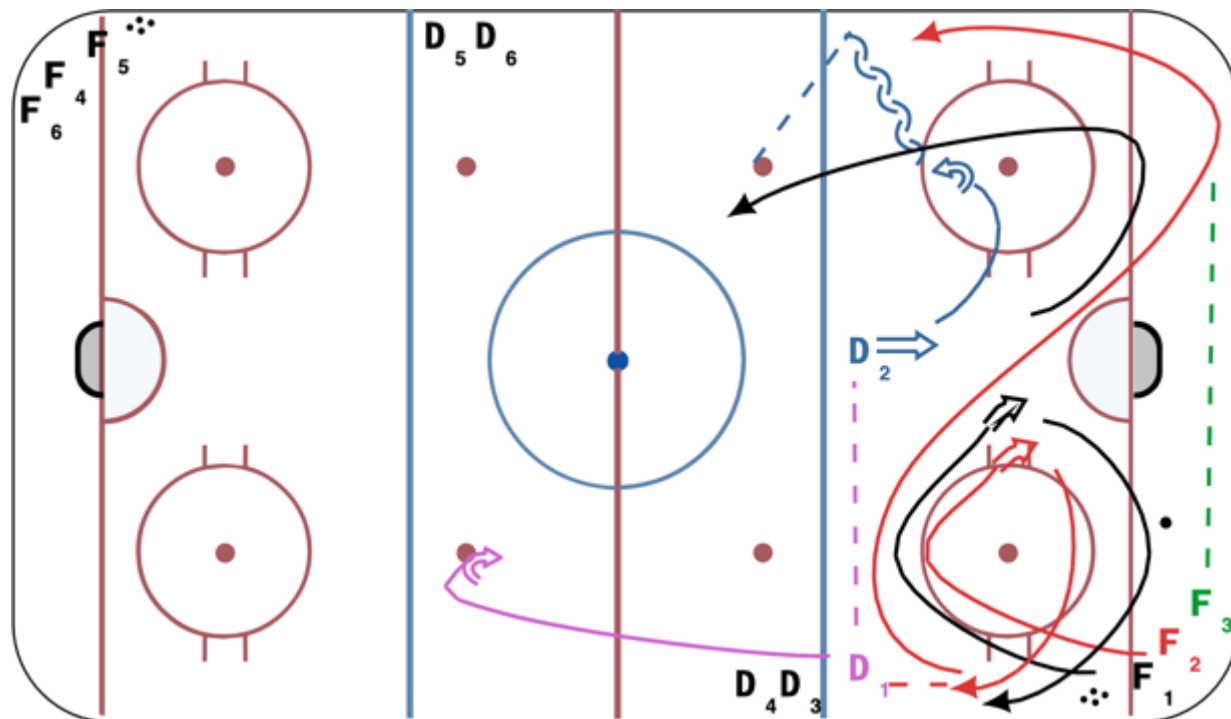


## Full Ice Angling Drill (Positional)



### Description

Forwards are lined-up in opposite corners, with defence on the same sides at the blue line. D1 starts on the wall, with D2 in the middle of the ice.

On the whistle, F1 and F2 leave around the circle, both carrying a puck for a shot each. After F1 shoots, they grab a puck below the goal-line placed by the last player in line (F3). F1 skates up the wall, where F2 tracks, angles, and strips. Once F2 has angled F1 they quickly move the puck up the wall to D1.

After moving the puck to D1, F2 heads to the net for a tip, pass, or screen. D1 moves the puck to D2, who takes the shot. While this is happening, F1 is watch/waiting until after the point shot.

Once the point shot has been made by D2, F2 releases from the net to the opposite corner where they will be met by a rim from F3 (last player in line). F2 begins skating up the wall, where F1 has rejoined the drill, and angles F2 up the wall. After shooting, D2 transitions and with the help of F1 angling, closes on F2 coming up the wall. D2 strips and moves the puck to F1 who is now headed down for a 1 on 1 against D1 from the opposite end.

\*D can angle heels or toes first (whatever makes sense).

\*\*A very important part of the drill is F1 rejoining to support by angling F2 up the wall making the D2's job easier to close.

\*\*\*F2 can follow up to make it a 2 on 1 with late trailer, or as a back-checker on the 1on1.