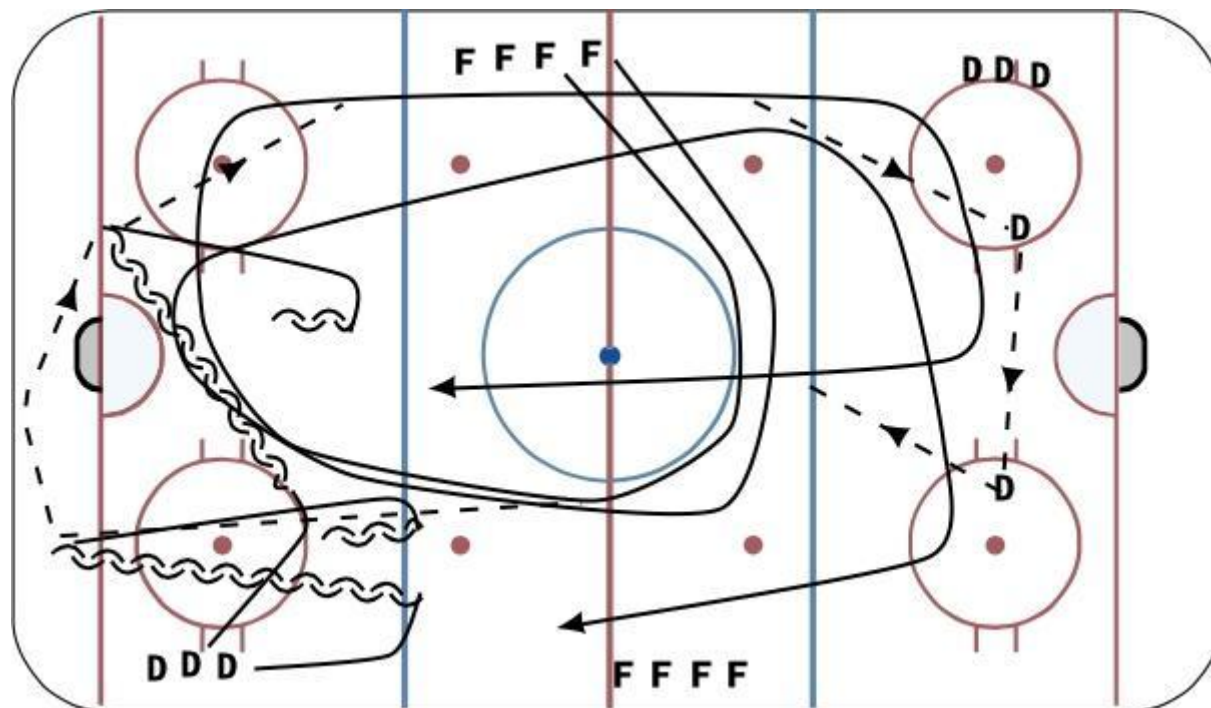


Breakout-Regroup 2-2 Attack



Description

D line up on hash marks, F's line up at red line

2 F's leave with puck and skate around top of red line and soft dump puck in corner or on goalie

2 D transition at blue line, retrieve dump, use partner and break F's out of zone

2 F's skate to opposite D and regroup with them

2 F's attack their original D that broke them out 2-2.

****Add**** following 2-2, 2 F's must glide around face-off dots then attack net for tip/screen from D shooting from blue line

after 2-2 D backpedal off of hash marks, give an go pass with next D in line and shoots from blue with 2F's driving net off of face-off dots