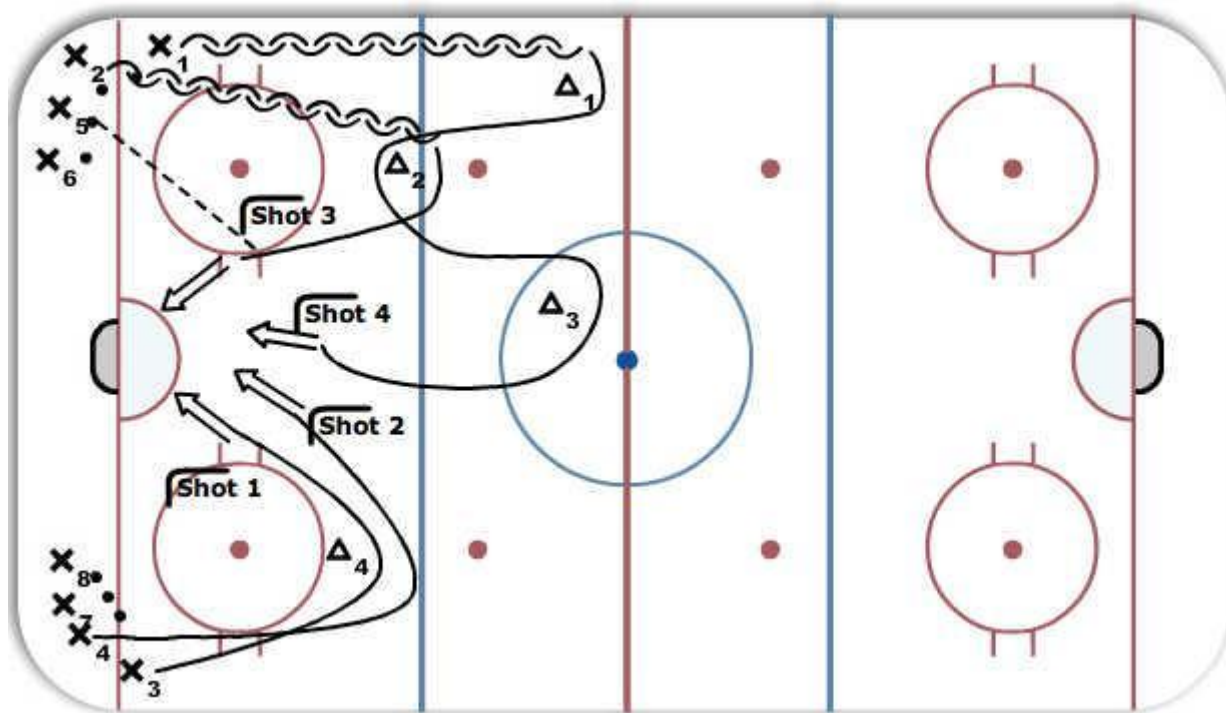


## Backward Skating, Passing and Shooting 1-1, 2 Team (4 Players Moving)



### Description

- X1 and X2 leave on the whistle
- X1 skates backwards to cone #2 then forward
- X1 receives a pass from X5 and gets shot on net
- X2 skates backward to far cone #1 then glides around cone #3 and receives pass from X6
- X3 leaves on same whistle with puck and glides around cone #4 and takes shot
- X4 leaves on same whistle with puck and glides around cone #4 and takes shot

**Tags:** Backward Skating, Edging, Puck Control, Shooting,