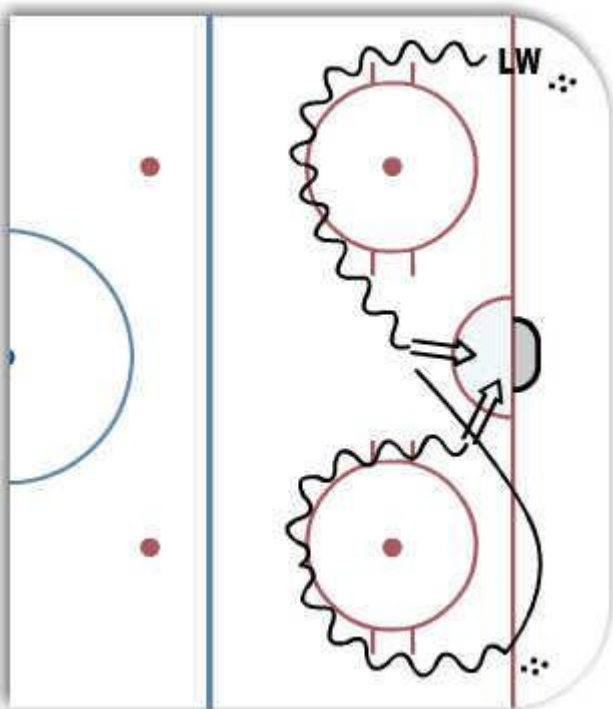


Backhand Options



Description

Player will skate around the top of the circle and across the crease (lefties) for a backhand, after the first shot he will retrieve a puck from the corner and go around the top of the other circle to attempt to get a backhand up on the short side. Righties will do the opposite order of shots from the same side.

Notes: Switch sides.