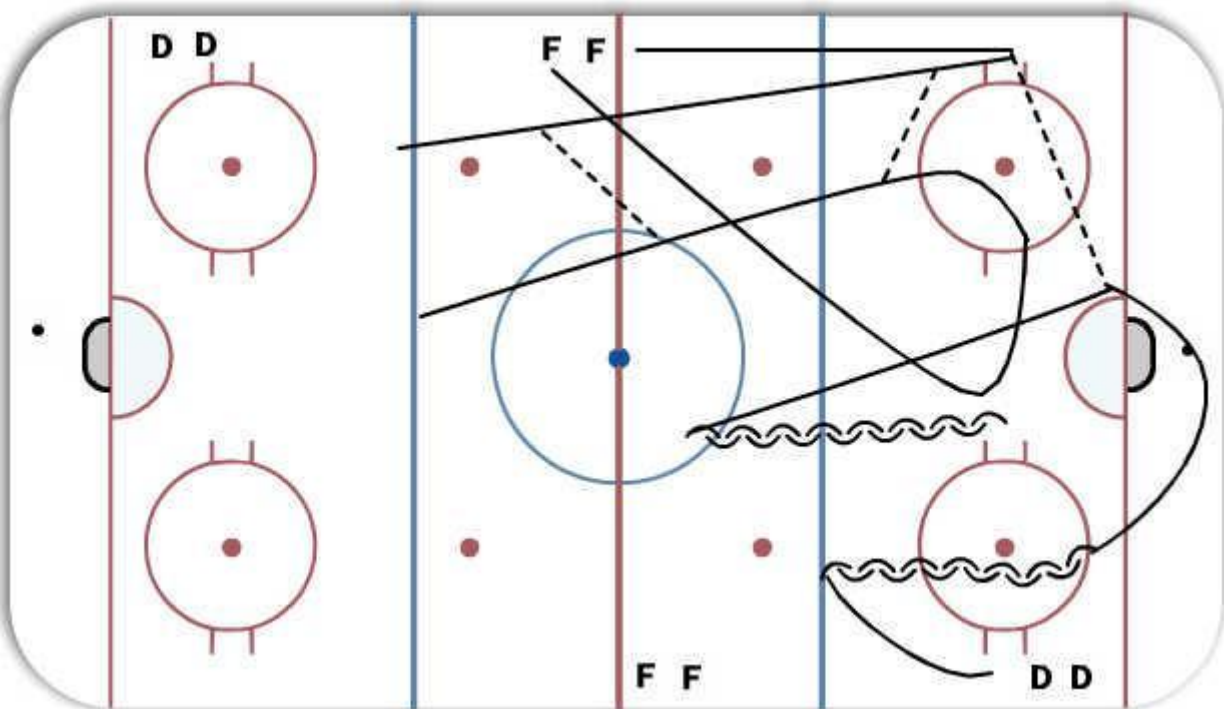


2-1 Transition Drill



Description

D skates to blue line and transitions, back pedals to bottom of circle and opens up to retrieve puck behind the net
F1 and F2 leave from red line and support D
D passes to F's who break out of zone
D then skates up to take F1 and F2 from opposite end on a 2-1

Tags: D Transitions, F Bracket turns and opens up for pass, F2 supports puck on breakout, F1 and F2 attack opposite D on 2-1