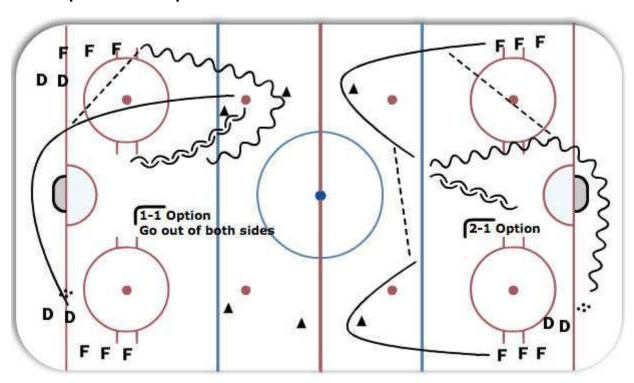
## 1-1 Simple with 2-1 Option



## **Description**

1-1 Option:

On whistle D skates behind net with puck and makes pass to F

F then skates up to far cone and attacks D who pivots and near cone and play 1-1

\*Make sure to alternate sides

2-1 Option:

On whistle D skates behind net with puck and makes pass to F, second F leaves for far cone on whistle Both F attack D 2-1, D transitions and controls gap on 2-1

Tags: D and F playing 1-1, D and F playing 2-1, Passing, Skating with puck